

South Okanagan Similkameen Teachers' Union

Important information on dental and extended health benefits (EHB):

Members are encouraged to enroll and access [PBC's member portal](#) for specific details of their coverage, including their usage, or download the PBC app.

Members can also access detailed health benefit information for each school district by visiting the [My Plan page](#).

Each district has its own dental and extended health benefits policy with Pacific Blue Cross (PBC). All districts offer the same extended health coverage except SD 39 (Vancouver) and SD 43 (Coquitlam); both have their own individual EHB plans and have different levels of coverage.

Important reminders

- The premiums for extended health benefit (EHB) plans will be changing, **effective July 1, 2024.** **SD#53 pays 100% extended health benefits for most contract teachers.**
- If you have moderate to severe sleep apnea, you are eligible for coverage for a replacement device.

In addition, the following benefit improvements were agreed to in the last round of provincial bargaining:

Effective January 1, 2023

Psychologist	Now includes registered counsellors and social workers, to a combined total of \$1200 per year.
Dexcom continuous glucose monitors	Covered
Chiropractors, massage therapists, physiotherapists, and acupuncturists	Increased to \$1000 per year



Effective July 1, 2023

Dual Dental	Restriction removed in SD 36 and SD 57
HPV vaccine	Covered
Naturopath limit	Increased to \$1000 per year

Effective July 1, 2024

Shingles vaccines	Covered
Vision care limit	Increased to \$650 per 24 months
Counselling services limit	Increased to \$1500 per year

Benefit Changes

TTOCs will have access & better rates buying into the SD53 extended health plan. Please email me for details.

Pacific Blue Cross at Your Fingertips

Download the app today



Download the Pac Blue App – Link below

Be a part of our SOSTU Local Negotiating Team

SOSTU needs teachers to look at local bargaining items, develop language and negotiate. Joel Adolph will lead this team.

Minimum time commitment of 12-16 days / prep. in Sept - Oct
Negotiating with employer during Nov – Jan (Appendix 2 items)

Decisions on team and priorities will be made @ Fall GM

Please send Ernie an email if interested / or have questions

VOLUNTEERS NEEDED